

RETURN OF THE ANCIENT CREATOR FREQUENCY

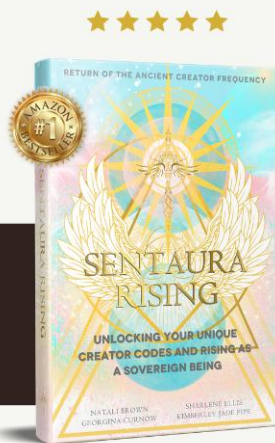


SENTAURA RISING

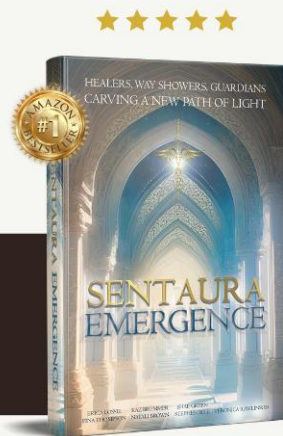
**UNLOCKING YOUR UNIQUE
CREATOR CODES AND RISING AS
A SOVEREIGN BEING**

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BOOK *Series*



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ABOUT THE AUTHOR

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Natali merges ancient wisdom, frequency and alchemy with modern times and initiate women and men to ignite the true expression of their creative soul through vibrational alchemy and channelled teachings. Her guidance reconnects them with their true inner authority and ignites their treasure trove of innate spiritual abilities, natural gifts and talents.

She helps leaders of change, healers, mystics, coaches, visionaries and soul entrepreneurs make the big moves to courageously step into their next level greatness, embody and express their soul

essence, call in a new level of abundance and flow, and share their unique soul gifts with the world in a whole new way – guilt and shame free.

Living in New Zealand with her husband and two teenage boys she loves to explore and photograph the beauty of New Zealand.

Create a Next Level Heart-led Business and Transform Lives?
Learn More About Sentaura Training Here:

<https://natalibrown.com/sentaurahealingpractitioner/>

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BOOK 1

*For all the brave humans
who are shining their light
for love and truth*

We see you

We love you

You are here on this Earth for a reason

Stay true to the soft whispers from your Soul

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PREFACE

Leiliyah Nevayah

I was born on the conscious day of universal love, at the end of the zodiac month of Pisces, and at the beginning of Aries.

For as long as I can remember I've felt the unencumbered pulse of love move through me. Little did I know that this burning passionate spark of love and devotion would be what ignited my highest soul mission and purpose in my forties. It would be the driving force behind my work to help humanity access our capacity to trust in the authority of our hearts and return to love.

I always felt different and would see the world around me in a different way.

As a child I would see the beauty in human beings, I could tap into their true essence and amplify that light within them. The light within me would be reflected within them and it would be as if their troubles and shadows would simply dissolve. It stayed with me throughout my life and would sometimes feel as if every ounce of my expression was an outpouring of love.

At times waves of this energy raged through my body as I matured, and I wasn't always sure what to do with it.

As I began to embody the creator frequency of Sentaurea in 2018 I could feel my energy 'power up' a thousandfold and my body

go extremely hot each time this pure stream of divine and unconditional love of God's Creator energy flowed through me.

Spirit gave me my spirit name, Leiliyah Nevayah, and told me that the time would come for me to share it with the world as it carries a vibration of ancient remembrance for those who hear it.

I began to tap into higher streams of Christ consciousness, was seeing many variations of sacred geometry light codes and sometimes I felt as if I 'swallowed' a scientific journal. I would channel things I had never heard of before—I could feel the pulse of various vibrations, began to channel different frequencies, and see and discern equations, formulae and universal concepts.

I could see micro-particles in the body, performed 'psychic surgery', learnt about organic technologies and energetic connections beyond the body. I worked with the vibration of colour from early on in my life and this became more amplified. I would remove entities and denser energies in an instant.

I was shown how to work with a technology which I called Crystal Light Body Technology™ to attune or 'switch on' or 'switch off' crystals in our light bodies and how to use this technology in co-creation with the frequency of Sentaurea. Crystals are record keepers or "wisdom keepers" as Spirit calls them and they each have a very specific function to calibrate and upgrade our light body system.

I explored working with the healing frequencies of sound and would spend hours toning and singing light language whilst playing my crystal bowls or drum and could feel the interplay of

different sounds. I could see timelines as golden threads and was able to merge and shift them.

I was shown how to work with solar energy from our sun to rejuvenate my body and would teach this to clients and students. Light language or Soul Speak as I call it flowed from me in waves of love. Ancestors would speak through me and let themselves be heard.

I would visit different realms during meditation journeys and meet with the beings there whilst listening to them share their wisdom. I established a deep connection with Mother Gaia, the elements, elementals and dragons—they became my friends and protectors and shared their codes with me.

I was taught by the universal beings of love and guardians of divine wisdom—Jesus, Ascended Masters, The Seraphim Creation Angels, Angelic Realms and Cosmic Beings of Light were all contributing to and supporting my schooling. Each time my cosmic teachers would share something with me they would ask me to do my own research, practice and see results for myself, and so I got to trust my own multi-dimensional channelling abilities.

There was a lot of what I experienced that I could not share with my husband, my children, or my friends. To me, it made perfect sense but I found it difficult to eloquently explain all that I was experiencing.

My body went through different stages of change and I found that I no longer ate or craved certain food. I would lose weight

and during energetic upgrades, I would gain weight. After Sentaura initiations I would feel so hungry due to the amount of energy channelled. I could not stomach coffee any longer and was guided to drink water with a high PH balance and consumed a lot of fruit and vegetables. I spent a lot of time in nature, walking on the beach, connecting with my Spirit Guides and the elements of nature, and grounding my energy. All I could do was be present during this change and accepted each stage of what I was going through.

Only later in life, would I find out that my *Gene Key is 25 and that my biggest gift in this life is acceptance of all that I am. According to this Gene Key, my biggest shadow is transmuting my own pain and transcending the suffering of all humanity. It's interesting that most of my work in my thirties and forties related to this.

Indeed, I've been on a profound healing journey. I had to find my true self and accept my soul mission and that came with its own challenges. At times of my own healing, deeply sitting in my own shadows, it felt like an enormous undertaking and I wasn't sure how I was going to share what I knew with humanity. All I knew was that it was important and that I had to get this work out to the world.

My Spirit Guides kept encouraging me and assisting me through each step of my healing journey. I began to trust instead of questioning my own abilities and that's when I had breakthrough after breakthrough which led to where I am today teaching Sentaura students all over the world.

Even though I teach healing arts and spiritual sciences I am also always a student in this Earth School. I would not be able to do the work with Sentaurea unless I did the deep work to face my fear and transmute my own shadows. There is no leader who can say they have never walked through their shadows to find their light.

I shared Sentaurea with a select group of people at first. I could feel the sacredness of this work and treated the alchemical workings of this frequency with the utmost respect. I would start with one-on-one healing for closest friends and family and then move on to workshops, sacred healing gatherings, online events, courses, retreats and festivals. The results were incredible.

When people ask me about Sentaurea, I would say: "Would you like to experience it?" Without receiving the loving and healing frequency of Sentaurea you would not know how it can help you.

During gatherings, I would invite people to surrender to the love and freedom of the Sentaurea frequency. It was as if this invitation gave people permission to let go of all that they were not.

These gatherings were euphoric, the feeling of unconditional love and the potency of The Seraphim Creation Angels was like a beautiful blanket wrapped around us.

Waves of light would roll over and through people and there were times I felt as if I wanted to explode with the immense power of love that was radiating from my heart. People would naturally begin to move with the energy flowing through them as they danced and you could see the bliss and joy on their faces.

In this state of bliss, our masculine, too structured way of being would take a back seat as Sentaurea amplified the profound power of the feminine and moved it through us like liquid gold. I was in awe of the human vessel and the vessel of life itself where we got to grow, flow, create, transform, generate, inspire and birth ourselves into being.

During one full moon gathering, Spirit showed me how we could breathe light into the body to upgrade our bodies and activate our Gold Light Body and so the Sentaurea Breath of Light Practice™ was born.

I would receive new information in the form of visions, and telepathic downloads. I felt a deep remembrance as I would hear, see, sense and experience these messages and energies in my whole being.

I was co-creating with the Divine and it was beautiful.

Working with my divine guides The Seraphim Creation Angels, I experienced an equal measure of bliss, transmutation, and profound transformation and my Guides alluded to the fact that the work with Sentaurea would take commitment beyond human comprehension.

Those who enrolled for my Sentaurea Healing Practitioners training listened to their deep soul calling and jumped into this work with an open heart not truly knowing what to expect but they trusted me.

I am so grateful to these women for believing in me. Spirit said: “Your first group of Sentaurea Healing Practitioners will be healing

anchors of light and all who follow in their footsteps will strengthen this light and build upon this solid foundation anchoring their own light”.

The Divine Feminine would lead and the Divine Masculine will rise to meet Her.

I began to initiate and guide a community of powerful healers and visionaries all over the world—sovereign heart leaders of the New Earth who were here to pave the way for humanity, sharing their own unique soul gifts in a way only they can.

They are the way showers of our time during the Golden Age of Gaia. They unlocked within them the wisdom of Creation, the wisdom and love of God, our Creator. They will go on to ignite the sovereign hearts of humanity so it can ripple to future generations.

They are the women in this book and transcribed in the pages are their personal accounts of their phenomenal journey with Sentaurea.

I have such a deep love for these beautiful souls. They are my Soul Sisters. There were many initiations where my tears flowed freely in gratitude for these sacred hearts and powerful healers, goddesses, and warriors of light.

They are emissaries of the light, keepers of the Earth and so are all the Sentaurea Healers who will follow in their footsteps.

This book is a gateway to accessing your most beautiful self and your unique abilities. I share with you snippets of my own story

so you may begin to see the magnificence of your soul integrated into your human existence.

Being sovereign is claiming back your divine connection to all that is. It's remembering how interconnected you are as you weave and play and create during your Earth experience.

Life doesn't happen to you, it happens because of you.

It is truly a wonderful time to be alive and my hope is that you will follow your free-spirited human nature and the truth of your heart as I share with you pieces of the puzzle as a living temple for light and love.

How to use this book

Create a sacred space and carve out time for you to read.

Light a candle and surround yourself with your favourite crystals.

Take a deep breath in and set the intention to be open to receive soul activations, messages and healing that is for your highest good and the highest greatest good of all.

Grab your journal to answer the prompts which will help you navigate the musings of your mind.

If you do, this book will bring you valuable insights.

You may even discover more about your own gifts and find your soul wisdom being activated.

If you're brave enough to open your heart and look within, much will be revealed and transformed as you journey through the stories in this book.

Do not be afraid to face your shadows. Do not be afraid that you will lose your power or be afraid of the magnificence of your own power. For you will in fact ignite your fire and gain the greatest power of all—love born through vulnerability and humility.

The most extraordinary warriors and leaders possess these qualities.

Beloved, within the fires of love, you will once again regain the greatest softness, your innate spiritual power, the divine alchemy of God, and your purest and brightest light.

**Gene Key 25 is encapsulated within the Codon Ring of Humanity according to Founder of Gene Keys Richard Rudd. The Sacred wound at the heart of humanity and the reason for all of our suffering can be unlocked by the Gene Keys that make up this Codon Ring.*

As one of the most complex codon groups, each of the six Gene Keys in this group represents an archetypal aspect of the human story, together encapsulating all the mythic elements of what it means to be a human being.

Wounded from the outset (25), you must do battle with your shadows (38), overcome the limitations of your mind (17), surrender your need to control life (21) and find your true self (10) before you can awaken (51). You can see from this very profound grouping how deeply bonded we humans are by the same basic dramas. Many of the Gene Keys in this codon group concern love and the human capacity to trust in the authority of the heart. The very blueprints of our human destiny and the future evolution of humankind lie coiled within this ring, along with the six essential human attributes truly natural and inherent to our species.

<https://genekeys.com/gene-key-25/>

INTRODUCTION

Return Of the Ancient Creator Frequency

During a channelled session in 2018 Spirit told Natali Brown (Leiliyah Nevayah) that she would activate within her an Ancient Creator Frequency. They shared that her unique energetic make-up, soul codes and *Gold Print would pave the way for her to channel and transmit the intelligence of the ancient creator and healing Source frequency of Sentauro.

With the guidance of her Spirit team, she created a multi-dimensional energy healing system merging frequency work, light language, sound, and sacred geometry light codes, all designed to heal, activate, upgrade and recalibrate our human body's DNA Genetic Code and Crystalline Gold Light Body (also known as the Christic Body).

Over the next two years, she went through a profound initiation process with The Seraphim Creation Angels, Ascended Masters, Guardians, Councils of Light and Archangels until they told her in early 2020 that the teachings of Sentauro were ready to be introduced to humanity.

She was running a healing and spiritual coaching and mentoring practice at the time, teaching Reiki and doing healing sessions and readings as a multi-dimensional channel for Source bringing through teachings and wisdom from the Divine.

Natali received the divine directive from Source to initiate those who are ready to hear the call from Sentaurea for our own personal evolution, the evolution of our planet and humanity's highest soul ascension, equally serving the greater good and the multiverse through our expansion.

In January 2020 Natali was sitting at her kitchen table working on the details of her first Healing Practitioner Program for Sentaurea when she saw what she now knows were pieces of her life puzzle, flashes of important moments in her life being shown to her in a vision—people, experiences, situations which all led her to this exact moment.

After the vision, she began to more deeply embody the work she was here to do with the Divine. She received many downloads from The Seraphim Creation Angels and various other Beings of Light in the form of sacred geometry code, light language, sound alchemy and channelled Source wisdom. She would spend hours writing and drawing all that was shared with her.

She was told that she is a wisdom keeper and teacher of LOVE and that her work with Sentaurea would be her life's work and highest mission and purpose. They disclosed that many Beings of Light had been working behind the scenes over many lifetimes, including her Higher Self, to bring the wisdom of Source and its purity back to humanity at this exact time of human consciousness.

Over the years she worked in co-creation with the Seraphim Creation Angels, Jesus, Archangel Metatron, Saint Germain, Guardians and various other cosmic beings and Mother Gaia.

She would see flashes of the most beautiful sacred geometry codes in her mind and could feel the pure frequency of these codes vibrating in her cells. These codes would function as keys to unlock specific soul aspects and upgrade the human DNA genetic profile.

She drew the first of a series of twenty-four Sentauro Royal Diamond Creator Key Codes™ and on 2 July 2021 Natali began a seven-month journey initiating her first students as Sentauro Healing Practitioners and Cosmic Alchemists of Light™.

In her Mystery School, The Divine Light Academy of Ascension Natali initiates her students, so they uncover and unlock their own unique abilities and soul gifts. Her teachings include guiding humanity to their deepest soul remembrance and teaching them how to use their innate abilities and soul gifts for the greater good.

Her work covers a full spectrum of learning energetic arts, alchemy and frequency work, energy enhancement and healing, spiritual sciences, and psychic and personal development.

Natali works in partnership with the Divine to help restore the equilibrium of our planet and serve the collective during the Ascension Process, our Evolution during the Golden Age of Gaia, and assists with birthing the “New Earth” into being during the Age of Aquarius.

**Gold Print - our original Christic Body and Soul Blueprint holding codes of the purest Source light*

Origins of Sentauro

It is the beginning, the first creation of the universe, galaxies and worlds. All that exists in the Universe were birthed from this frequency, which is Christ's pure unconditional love.

The Sentauro Creator Frequency is the intelligence of Source which holds the blueprint of Source, is a conduit, and transmits all other frequencies and Source technologies.

It is the true alphabet and all-chemistry of God gifted back to humanity and contains the magic keys and building blocks to unlock our infinite potential as sovereign creators.

Sentauro weaves Source intelligence with healing alchemy and works alongside the Seraphim Diamond Light and Crystal Light Body Technology™ as an advanced multi-dimensional energy healing system.

Sentauro pinpoints specific parts of our body for healing, enhancement, elevation, alignment, activation, and un-locking of our human DNA Genetic *GoldPrint and Crystalline Gold Light Body, therefore, facilitating rapid energetic expansion, transformation, spiritual empowerment and embodiment of Christ Consciousness.

That means healing, releasing and clearing all that is not in alignment with our highest good and restoring us to our original crystalline *GoldPrint and essence of love as beings of light in human form.

Sentaura feels like a warm golden energy streaming into our body and is pure unconditional love.

Sentaura unlocks our unique Royal Creator Codes and soul gifts as a Sovereign Human Being of the Light, so we can truly experience heaven on earth, activate abilities beyond the immediate comprehension of our mind, expand our light body, remember and master natural technologies and connect more deeply to our own body and all frequencies, layers, levels and dimensions available to us.

The frequency expands all aspects of mind, body, spirit and unlocks our deep innate wisdom and soul remembrance of who we are and why we came to this planet.

Sentaura helps us sense and connect with our divine soul essence, birth into being all we are as light beings and human beings of love as we rise into our next level greatness as Emissaries of Light.

The ancient vibrational frequency of the word Sentaura when spoken, serves as a heart call to Keepers of the Light who are ready to amplify and expand their healing abilities.

The Source intelligence of Sentaura is guiding and elevating us to access higher realms and dimensions, to light up and connect to our multi-dimensionality, embody higher frequencies, unlock higher spiritual abilities and new levels of love, abundance, health and overall mental, emotional, physical and spiritual wellbeing. All this so we can achieve a total expanse of our being.

A SOUL CALLING FROM THE DIVINE



NATALI BROWN

1

The Birthing of a Name

Spirit how on earth am I going to share this with humanity? How would I even begin to explain this frequency and do it justice?

I remember clearly telling Spirit, “Humanity will need a name for this frequency, something to help them understand and help anchor in this work”.

Sitting at my desk in the study I was willing Spirit to please help me with the name when two words appeared in my vision. The way they came to me was interesting.

First, I heard the word CENTAUR. I knew what a CENTAUR was, and this did not resonate with me so I asked again: "Spirit I don't understand, please give me the right name".

Then two words were floating down from above, like snowflakes on a cold winter's day.

SEN – TAURA

I heard the words clearly and asked Spirit: "Is it true, is this the name?" It felt ancient, yet new. They told me that this word had been spoken by me and many other beings of light even before I came to this world.

I had Spirit bumps running through my body during the transmission and felt a deep sense of peace. I repeated the word over and over and could feel the strength of the frequency amplify in my whole body and my solar plexus becoming very hot.

I was so excited that I ran downstairs to tell my husband and mother-in-law who is a wonderful healer and psychic medium.

I asked her: "Mum, what do you feel when you say the word SENTAURA?"

She told me that she felt there were different parts to it and that it was multi-dimensional.

Upon further inquiry, I was shown that the word held a beautiful balance of feminine and masculine energy. It brings about a divine unification of energies.

SEN – T – AURA = Sentient Aura

Feminine: SEN = Sentient, Flowing, the ability to feel

Masculine: TAURA = Bold, Courageous, Brave, Structure

The next morning I sat in front of my computer and could see the exact font in my mind's eye that would match the frequency of the word.

As I searched to find the font that matched my vision, a particular font stood out and I could not believe my eyes when I read the name of the font.

It was named "CENTAUR".

I kept saying the word over and over again. SENTAURA (Pronounced SEN followed by a strong accent on the word TAURA)

I was told that SENTAURA with an S represents and holds the frequency of the "Seraphim Diamond Light".

I shared the name with friends and clients and each time I spoke the word, I could feel my solar plexus activate and light up, and they could feel the warmth of Sentaure move through their own body.

And so, this frequency's name was born into this world.

How to Unlock the Potential of Your Soul

*She remembers a time ancient and sacred.
A time when the earth spoke through her.
Where she listened to the soft beating of her heart
and embraced the flow of freedom, life,
love and death.
She can feel the magic within her rising once again.
She can feel the wild waves
of her courage flow through her veins.
The day has come.
Where all will be revealed.
She will no longer be silenced.
She is waiting, she is wanting.
She is aching to free
her wild untethered soul.
Her light a guiding force
for those who seek this freedom.
The world awaits her ancient ways.
And she shall return to them
with a heart full of love.*

Could an important part of our evolution be to unlock our own unique Creator Codes so we may tap into this universal wisdom,

regain our power and remember how to master the self as sovereign beings?

The answer is a definitive Yes!

Since 2012 we experienced a huge shift in energy and it was time for us to ride the wave of this shift from 'ego to Higher Self' and welcome a new way of being and the dawn of ascension.

The Seraphim Creation Angels and the Creator Frequency of Sentaurea returned to Earth for this very reason. To aid in releasing the dense and controlled construct and programming within the body and all other constructs of the matrix. It all has to go, and fast. The frequency of Sentaurea works rapidly to heal, recalibrate, purify and upgrade our human bodies and energy system.

There is always light and dark and humanity has been kept in the dark for too long. Each of us are invited by the Divine to find the knowledge of the true light of Source within us.

There is a fake 'liberation' and 'reset' movement at play in our world and the only way to disconnect from the false agendas presented to us is to claim our own liberation and return to understanding and embodying the energies of the Law of ONE. It starts with each individual taking radical responsibility for their own way of being.

There are forces who over time hi-jacked the collective human consciousness through indoctrination, manipulation, and subliminal programming interwoven in every part of our lives.

What we consume—watch, eat, who we spend our time with and the environment we find ourselves in, all plays a huge part in setting up a ‘holographic construct or matrix’ which dictates our very existence. Without fully understanding the consequences we followed the narrative and indirectly ‘consented’ to being governed by these forces and submitting to the agenda of artificial intelligence in the ‘new age’.

The Earth and its inhabitants cannot continue on a path of self-destruction and as we already shifted from a third-dimensional existence into fourth and fifth, we have to go through an alchemical process internally to heal.

Sentaura facilitates the rapid acceleration of this alchemical process and brings about the reharmonisation of all energies within the mind, body, spirit, and our planet.

The embodiment and integration of these higher Source energies have already brought about profound change and grace on our planet, and in time it will bring about simplification of life and freedom for those who inhabit it.

But first, we have to let in more light and remember our infinite and pure nature.

No machine, substance, device or man-made or artificial technology can or will ever replace our natural and innate ability to heal ourselves.

We have simply forgotten that within us lie the building blocks and codes of creation and through the portal of our hearts and

the light which flows through our bodies we can indeed surf the very fabric of the Universe.

We have disconnected from our true purpose, from Christ, God, Source and our natural power for too long. We forgot how to be truly human and the joy this can bring when we live connected to Source, to Creation.

As we return to the space of Creation within us and unearth what it means for us as individuals and the collective to be able to create our own reality, we begin to breathe again and fathom the true purpose of the life force energy which pulses through us.

The deepest most ancient sacred wisdom lies within our own souls and our unique creator codes are the keys to unlocking that wisdom but there is no use having this wisdom if we don't do anything with it.

Imagine if we could enter with joyful hearts that place that holds the power of death and rebirth so we may be transformed again and again into the most beautiful version of ourselves.

This I have certainly witnessed during my own initiation with the Divine and within my students in the Sentaurea Practitioner Program. Each initiation they undergo allows them to enter the innermost chamber of their heart, mind, body and spirit to be witness to their truths and untruths. As they surrender and follow the golden thread of love that is woven into each initiation they go through the most wonderful rebirthing process.

By unlocking our unique creator codes and entering the cosmic womb we begin to see our interconnectedness with all that is and realise our true potential. We begin to uproot the subliminal messages and programs that have been placed in our minds by those who do not want our planet and its inhabitants to thrive or use our planetary resources and magnificence as creators for their own selfish gain.

An awakened, universally conscious people and egalitarian society is a thriving society built on a divine design of oneness and always guided by the heart.

Yes! We have to stand anchored in our power as creators, deeply connected to the cosmic womb so we can birth new realities into being for ourselves, for others and for future generations.

Through individual awareness, we access the codes in our consciousness so we can decode and recode our reality.

Sentaura as the Creator Frequency of God unlocks our Royal Creator Codes (Source Codes) and awakens the ancient and primordial voice of remembrance in the hearts of those who are ready to hear God's call.

Sentaura amplifies the inner workings of our soul and activates our divine spark so we may hold more of God's light. As the divine will of Source flows through us and we act from a healed and whole place, we begin to listen to our soul guidance, and revere our bodies and those of others as holy temples.

Working in harmony with this creator frequency we receive the most divine and insightful guidance and clarity which invigorates every effort we put into life as creators.

Our busy minds become still in the face of the magnificence of the Source frequency that runs through us. Embodying the divine intelligence of what this frequency unlocks for us, we begin to feel the vastness and fullness of infinite creation. We experience boundless wellbeing, spiritual potential, personal healing, sensual power, unification of the divine masculine and feminine, and loving power in our deepest relationships. Our creative expression and power arise like never before.

The effects of human society and unstable structures put in place by a small group of people have certainly created a great imbalance impacting every area of our planet and human existence and it cannot continue. We have to rise in love as individuals to bring people together and we are.

And the key word here is LOVE. It is the greatest power there is and it lives within us.

Sentaura is LOVE. The purest, most profound stream of divine love.

Sentaura is the bridge between civilizations, realms, kingdoms, and our world, it is the great communicator of Source and connector into the web of all life.

It is God's love and His divine spark of creation returned to humanity as a gift and blessing from our Creator.

Sentaura emanates a powerful golden warm energy that allows the heart to flower openly and it organically awakens our spontaneity for life once again.

Deep within, you know that we have to go beyond acceptable cultural and societal norms in order to stand in our own authority.

Nothing of greatness is ever achieved without going beyond traditional institutional beliefs and what is considered to be 'the good human' approach.

I am a way-shower and spiritual teacher, though I always endeavour to remain humble in my pursuits of 'greatness', innovation, creativity, and realisation of my self-potential. I have never wanted to be kept within the constraints of what society dictates. I believe people who live to push themselves outside 'the box' will have a better chance of bringing profound transformational change to our world.

Our creative flow cannot be accessed or amplified if we keep apologising for who we are.

The frequency of Sentaura unlocks our potential as human beings at every level but we truly have to trust ourselves and what is uniquely individual to each and every one of us.

Buried in the seeds of our own creation are new innovations, inspirations, ancient technologies and wisdom which will lead the evolutionary stages of humanity.

The Creator Frequency of Sentaurea awakens these seeds of Creation as the great incubator of life.

Inside this book, you will activate your own soul map and inner navigation system to discover the mysteries of creation encoded within your own body.

I provide you with an in-depth explanation of Sentaurea and all that it is gifting humanity. I hope you can feel the loving frequency of Sentaurea weaved into every sentence of this book and infused in its pages.

I also share with you the series of events, experiences, people, and synchronicities that led me to unlock my own unique creator codes and gifts so I could birth my work with Sentaurea.

My wish is that it will fill your heart with joy as you read these stories and unlock the deep wisdom of your soul. May your heart expand with love for all that you are.

Journal Prompt: What are the seeds of creation blooming within you?

Returning To the Light of Source

It is a beautiful day and I am about to start a mentoring session with a private client when I received a message from a close friend. She said: "Have you seen this?" and included a link to a post on social media.

The post was an outcry for help from a woman who had a 'not so good' experience during a temple gathering. There are light workers who are learning how to work with the power of the life force energy which flows through them and they do not always understand the various applications which allows a human to either live in joy through their experience of this energy or experience its chaos.

Therefore, I say to you beloveds, proceed with care when you do your light work and when holding space for other people. They put their trust in you and when you 'wake up' to the power of your Creator life force and alchemy, I invite you to lead with love, softness, peace and joy, do not allow yourself to be drawn into various arts and rituals which is not of the light.

Energy when used for self-gain can turn into unchecked chaos energy. When energy is used for the highest good we tap into the infinite flow and joy of our life force creation energy and our power to create new realities. A clear understanding, open heart and dedicated practice is needed to master its potency and

alchemy to ensure correct use and flow of this life force creation energy. When we can see each of our experiences as moments of growth, we receive the gift of knowledge, and we then get to choose what we do with the knowledge we gained during that experience. This woman chose to share her knowledge with others.

My heart went out to the woman who wrote the post. She talked about her trauma and her healing journey. In between the lines of her writing, I could feel her uncertainty and her pain. This was a huge step for her to speak out. She wrote about how humanity is being deceived by dark arts and that most light workers do not even realise what they are doing.

For years now I have been speaking out about this exact thing. Reading the post, something began to stir within me. My solar plexus became very hot, my heart was suddenly hurting, and I could feel the Truth rise within me and move through me in waves. All I wanted to do was wrap this woman in my arms and hold her.

Her post had activated something huge within me and I felt the uneasiness in my bones. I knew this was not mine, but I had tapped into a huge collective wound which needed to be healed. I drove to the beach, my favourite place. The water was calling me, and this uneasiness had to be washed clean by the sea water.

I voice messaged the woman and shared my love and understanding. I could feel her soften and yet the pulsing energy within me did not subside.

I placed my feet in the ocean and began to sing. I sang for all the women and men who ever experienced pain and who are in pain. Those who were shamed, burned, judged, hurt, enslaved and so much more. I sang until the tears ran down my face and into the ocean to be washed away by the waves. I could feel the potency of love in my heart and declared my love again and again.

The words: "I am here for love and for the light" flowed from my lips and my promise that I will always and forever work for the Light.

I could feel the frequency of Sentauro, the Alchemy of God Source move through me, and I sent a wave of love and light across the world and into the cosmos with the intention to obliterate those energies working against humanity. To unbind humanity and dissolve any slavery codes. With each tear and each sound uttered I was transmuting this collective wound that had risen within me.

I proclaimed: "No more will we as humans be manipulated and used as slaves in any way or form!"

That day my Spirit Team walked beside me on the beach as I asked for forgiveness for all humans who did not know any better.

That day I sang a song of liberation for myself, for you my Sisters and Brothers, for our children and all future generations so we may all return to the Light of Source.

I invite you beloveds to search your heart for the truth and let that truth guide you, always.

The Return of The Seraphim Creation Angels

The first time I came across the word “Seraphim” was when I read a post on social media. The post mentioned how these mighty angelic beings’ light was so bright that to look upon them with human eyes you would go blind.

I felt my body vibrate with remembrance, I knew these beings—somehow, I just knew and I could feel a deep connection with The Seraphim. For as long as I can remember, I felt the presence of God Source, The Holy Spirit and Jesus. The Angelic realms and Archangel Michael, Archangel Uriel and Archangel Ariel were always welcome companions during client healing sessions.

To put it eloquently, my human mind could not comprehend the enormity of this discovery about the Seraphim and what would be revealed by my Higher Self during a QHHT Session (Quantum Healing Hypnosis Therapy) with a close friend.

During this QHHT session, my Higher Self revealed: “You are Seraphim”

It was some time after this session that I had a one-on-one encounter with a Seraphim Angel called Seraphiel. It happened after guiding my Sentauro students through an initiation lead by the Seraphim Creation Angels.

Guiding the Sentauro initiation I could feel the mighty presence of my six-winged Seraphim guides and the pulse of their

unconditional love flowing through me more than ever before. It felt like a steady flow of golden Source energy and the Seraphim diamond light was so beautiful.

I had channelled several pieces of information about the Seraphim Creation Angels before then, but I had an inquisitive mind, and my human self was so curious to know more. To give you some context, the information I channelled was being ‘drip-fed’ to me by Spirit over two to three years to ensure I didn’t ‘burn out’.

My human was being impatient and wanted to be given all the answers to my questions, but Spirit had a totally different plan. “Patience” they would say, “all will be revealed at the right time”. ‘Spirit time’ is not bound by time and space so this was going to be a long wait.

I guess my impatience to know more was the catalyst for this encounter.

The next day after the Sentaure initiation I was lying on my bed in deep meditation asking my Spirit Team if I could connect with one of my Seraphim Guides. Little did I know that my wish would come true instantly and that this would be another initiation for me!

I immediately felt such intense energy within and around me and heard “I am Seraphiel”. The intensity of this energy was unlike anything I had ever experienced in this lifetime.

I could not move my body. Like a statue I just lay there whilst being in the benevolent presence of Seraphiel. The frequency was so high that it was almost piercing, pure, and if it was a knife it could cut through anything with ease.

I lay there thinking: “What shall I ask?”

I asked: “Please tell me more about the Seraphim”. Seraphiel replied: “You are Seraphim, you are Source, all you need to know is within you. Do not doubt yourself”

I remember thinking that it felt as if Seraphiel’s stream of consciousness was transmitted over a very very long distance, far away from Earth and that it was coming through the tiniest little hole to connect with me. I had a sense that if I flinch or move, I would lose the connection. It was as if I was teetering on an edge just held by this frequency. I could feel all the muscles in my body being kept completely still.

I continued to ask Seraphiel a series of questions and although I asked the questions, I already knew the answers. Each answer was simply a confirmation of what I already knew.

I suddenly felt a shift in energy as if Seraphiel relaxed a little or perhaps the connection stabilised. We started conversing about The Creator, God Source, Christ, Adonai, ALL That Is, and I could feel an amplification of the love within me a thousandfold.

I heard the words: “Holy, Holy, Holy” and it was reverberating through my entire body, almost as if my entire being including

my cells were singing along with Seraphiel and the whole Universe.

I felt my energy uplifted to new highs and a really powerful and strong connection with the divine presence of God Source not only within me but also experienced the expanse of this energy outside me.

I felt ONE with the energy of God Source. There was no separation, no boundaries, no conditions—I was the same energy, I was part of a whole, I was whole.

The singing continued for only seconds, but it felt like time had stopped.

I began to feel the limitations of my own physical body and because of the intense high frequency, suddenly felt very tired. My concentration started waning and as soon as this happened the connection between Seraphiel and myself became more gentle and then completely dissipated. It was the most profound and beautiful connection and I will forever be grateful for it.

I recognised within Seraphiel the potency, purity, focus of my own energy. There was nothing fluffy or complicated about the energy, it was just a pure stream and outpouring of Source consciousness and unconditional love.

Afterwards, I just lay there, feeling warm, at peace and fully supported. I was not alone.

Since this encounter, I could feel the energy in my body stabilise. For more than two years I experienced the most intense heat in

my body which I called “the burning”. It was the alchemy of God Source and The Great White Brotherhood preparing me physically, mentally, emotionally and spiritually to be Sentaurea and be the vessel for Sentaurea.

I must say there were days during this whole alchemy and initiation process that I asked: “Why me?”. At times I wondered “what is happening to my body” as I felt the intensity of the energetic upgrades. My whole body was being recalibrated. During this whole process my faith in my Spirit Team and God was restored each time I wavered. I would be reminded of their incredibly gentle support and love. They knew exactly how much I could handle and told me many times: “You will never receive what you cannot handle”.

I shared much of what was happening with my first group of Sentaurea Soul Sisters and am so grateful to them for their unwavering support and trust in me and Sentaurea.

We as human beings can get so impatient wanting to know everything yesterday! But the Universe has its own divine timing and is sending us beautiful, synchronized experiences to guide our path here on Earth. We have to get out of our own way to embrace and embody all the gifts that we are being given.

I share with you further channellings about The Seraphim Creation Angels

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